

# **ESIM Winter School 2014**

## **Case Presentation**



**Hacettepe University School of Medicine**  
**Ankara/Turkey**

**Ozant Helvaci, M.D.**

## **Patient**

- ❖ **T.K., 59 years old, male, married with one child, unemployed, place of birth/residence: Karaman (Central Turkey)**
- ❖ **Chief complaints: Chest pain, shortness of breath, periorbital edema**

## **History**

### **February 2013**

- ❖ **Chest pain-> A cardiology center**
- ❖ **Angina, acute coronary syndrome**
- ❖ **Coronary angiography: Multivessel disease, giant aneurysms in coronary arteries**
- ❖ **Coronary CT angiography: Thrombosed aneurysms in each three major coronary arteries and contrast enhancement in their walls, compatible with vasculitic involvement**
- ❖ **Patient was referred to our rheumatology clinic.**

## History of previous diseases

- ❖ Since 1995 followed as Graves' ophthalmopathy
- ❖ Received corticosteroids on demand, with irregular dosing schemes

## October 2012

- ❖ Orbital MRI: pseudotumor orbita? Ocular myositis?
- ❖ Pulse steroid 1 g/day for 3 days
- ❖ Euthyroid, thyroid autoantibodies unknown
- ❖ Ex-smoker

# Coronary angiography



Aneurysms on circumflex and left anterior descending arteries



Giant aneurysm on right coronary artery

## Physical examination



Other system examinations were  
in normal range

## **Differential diagnosis**

- ❖ **Atherosclerotic disease**
- ❖ **Prior cardiac surgery**
- ❖ **Behcet's disease**
- ❖ **Tertiary syphilis**
- ❖ **Eosinophilic granulomatosis with polyangiitis (formerly Churg-Strauss' disease)**
- ❖ **Antiphospholipid syndrome**
- ❖ **Takayasu arteritis**
- ❖ **Adult Kawasaki disease**
- ❖ **HIV related vasculitis**

# Laboratory

- ❖ Hemogram, peripheral smear, C-reactive protein, procalcitonin : Normal,
- ❖ Erythrocyte sedimentation rate: 40 mm/h
  
- ❖ Anti-nuclear antibody titer: 1/160, homogenous-granular
- ❖ Extractable nuclear antigens: negative, ANCA profile: negative
  
- ❖ Antiphospholipide/cardioliipin antibodies/lupus anticoagulant: negative
  
- ❖ Serum biochemistry: Normal except for albumin: 3,3 (3,5-5,5 g/dL)
  
- ❖ Anti-thyroid peroxidase: positive, anti-TSHreceptor antibody: negative (Thyroid USG: NO thyroiditis)
  
- ❖ Veneral disease research laboratory test: negative
  
- ❖ Creatine kinase: Normal, LDH: Normal, Ferritin: Normal
  
- ❖ Borrelia serology: negative , Beta2microglobulin: Normal
  
- ❖ Angiotensin converting enzyme levels: Normal
  
- ❖ No anomaly in urine sediment, no proteinuria
  
- ❖ PPD: 5 mm , Quantiferon assay: negative



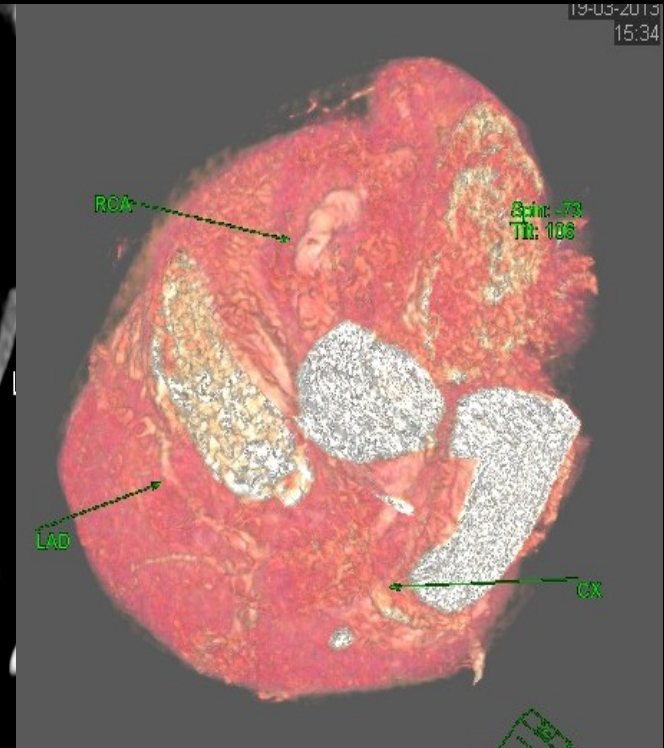
# Radiology



Echocardiography: Inferior and posterior wall hypokinesia, ejection fraction: %45-50, 23x25 mm cystic structure in right atrial groove



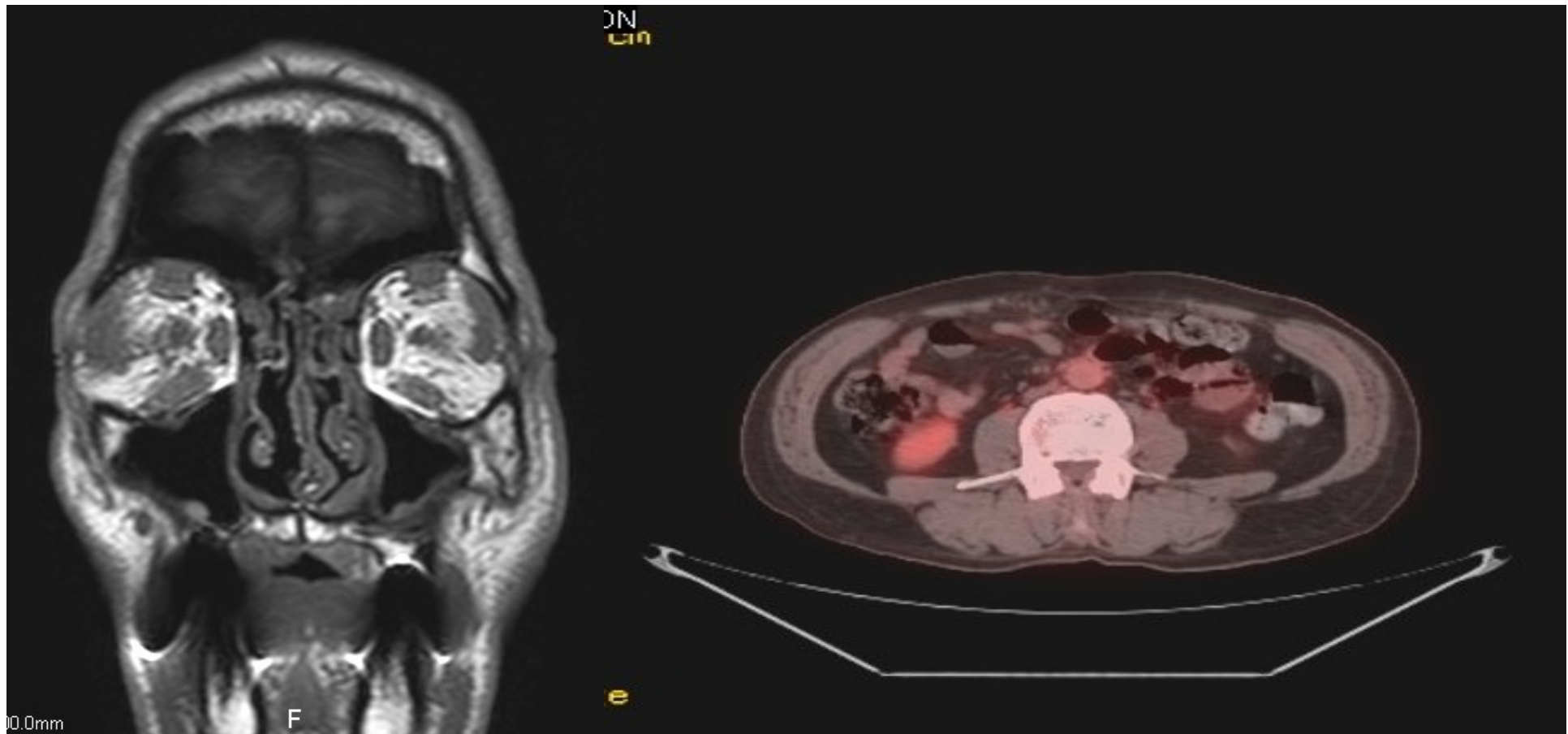
CT angiography: Contrast enhancement in aortic root



3D reconstruction of CT angiography: Aneurysms and strictures in coronary arteries

Whole thoracic and abdominal aorta shows contrast enhancement, and walls are thickened, soft tissue mass like appearance around abdominal aorta (retroperitoneal fibrosis ? Periaortitis ?) mediastinal and parailiac lymphadenopathies (not shown)





**Orbita MRI: Thickened extraocular muscles, soft tissue around right optic nerve**

**PET: FDG uptake alongside whole aorta, increased FDG uptake on extraocular eye muscles, low FDG uptake on lymphadenopathies (SUV max: 3,9 and below),**

**Summary; A 59 years old male with coronary aneurysms, pseudotumor orbita, generalized lymphadenopathies, rashes**



**New differential diagnoses ?**

- Sarcoidosis
- Multicentric Castelman Disease

# Biopsies

- ❖ **Skin:** Changes compatible with vasculopathy, lymphocyte infiltration
- ❖ Lymph nodes unreachable with lesser invasive method
- ❖ High risk for general anesthesia
- ❖ No consent for bronchoscopy
- ❖ **Minor salivatory gland:** Atrophy, lymphocyte infiltration

## Diagnosis

- ❖ Total Ig G levels: 2700 mg/dL (upper 1590)
- ❖ Ig G4: 3300 mg/dL (upper: 126)
- ❖ Coronary arteritis, aortitis, pseudotumor orbita, skin and salivatory gland involvement, retroperitoneal fibrosis, generalized lymphadenopathies

## Ig G4 related disease

- Treatment regimen
  - Pulse corticosteroids + Cyclophosphamide
  - Oral corticosteroids

# After treatment



Two weeks after treatment



Six months after treatment: CT angiography; stable disease  
Orbita MRI: Nearly complete regression

## **Ig G4 related disease**

- ❖ **Newly recognized disease (around 1980's)**
  
- ❖ **Many names;**
  - **IgG4-related disease**
  - IgG4-related systemic disease
  - IgG4-syndrome
  - IgG4-associated disease
  - **IgG4-related sclerosing disease**
  - IgG4-related systemic sclerosing disease
  - IgG4-related autoimmune disease
  - IgG4-positive multiorgan lymphoproliferative syndrome
  - Hyper-IgG4 disease
  - Systemic IgG4-related plasmacytic syndrome
  - Systemic IgG4-related sclerosing syndrome
  - Multifocal fibrosclerosis
  - Multifocal idiopathic fibrosclerosis

## Ig G4RD; Answer to many «idiopathic diseases of past»

- Type 1 autoimmune pancreatitis (IgG4-related pancreatitis)
- IgG4-related sclerosing cholangitis
- Mikulicz's disease (IgG4-related dacryoadenitis and sialadenitis)
- Sclerosing sialadenitis (Küttner's tumor, IgG4-related submandibular gland disease)
- Inflammatory orbital pseudotumor (IgG4-related orbital inflammation or orbital inflammatory pseudotumor)
- **Chronic sclerosing dacryoadenitis (lacrimal gland enlargement, IgG4-related dacryoadenitis)→ PITFALL**
- A subset of patients with “idiopathic” retroperitoneal fibrosis (Ormond's disease) and related disorders (IgG4-related retroperitoneal fibrosis, IgG4-related mesenteritis)
- Chronic sclerosing aortitis and periaortitis (IgG4-related aortitis or periaortitis)
- **Riedel's thyroiditis (IgG4-related thyroid disease)**
- IgG4-related interstitial pneumonitis and pulmonary inflammatory pseudotumors (IgG4-related lung disease)
- IgG4-related kidney disease (including tubulointerstitial nephritis and membranous glomerulonephritis secondary to IgG4-RD)
- IgG4-related hypophysitis
- IgG4-related pachymeningitis

**It is much more important to know what sort of a patient has a disease than what sort of a disease a patient has.**

**William Osler**

## Ig G4RD; Pathology and other features

IgG4-related disease is a newly recognized fibro-inflammatory condition characterized by several features: a tendency to form tumefactive lesions at multiple sites; a dense lymphoplasmacytic infiltrate rich in IgG4<sup>+</sup> plasma cells; storiform fibrosis; and—often but not always—elevated serum IgG4 concentrations.

Consensus statement on the pathology of IgG4-related disease (*Modern Pathology* (2012) 25, 1181–1192)

- ❖ Excellent response to steroids
- ❖ Relapses common with decreasing steroids
- ❖ Many steroid sparing drugs used; azathiopurine, cyclophosphamide, mycophenolate, **RITUXIMAB**





Thank you...