Clinical case presentation-Norway

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Anamnesis

- Woman, 68 years old
- Hypothyreosis, hypertension
- Admitted Dec 25th after 4 weeks of extertional dyspnea and malaise
- Poor appetite, pruritus, fever like feeling

Medications

Levothyroxine 100 mcg x 1

Nifedipine depot 60 mg x 1

Metoprolol depot 200 mg x 1

Losartan/Hydrochlortiazide 50/12,5 mg x 1

Transferred from local hospital

Congestive heart failure? —> furosemide 40mg iv

Clinical status

- Clinical exam: GCS 15, jugular vein congestion in 30 degrees supine position.
- Vital parameters: Blood pressure 200/99, pulse 75, SaO2 95% (O2 2liter/min), temperature 37,8°C (in ear)
- ECG normal
- Laboratory findings:

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Hemoglobin 9,0g/dl(11,5-15.3), Leucocytes 12,1 (3,5-8,8), ESR 85mm/h (<30), CRP 30mg/L (<5),creatinine 810mcg/L (45-90), eGFR 4,3ml/min (>60), urea 46mmol/L (31-7,9), uric acid 630 mcgmol/L (155-400) troponin T 133ng/L (0-15), albumine 32g/L (36-45).
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Suggestions of diagnosis?

Suggestions of further investigations?

- Lab: ABG: pH 7,35, pCO2 4,8, pO2 8,5, BE -5,
 HCO3 20, SO2 97%, lactate 0,6
- Urine test: 3+protein, 4+erythrocytes
- Urine microscopy: Granular and hyaline casts, dysmorph erythrocytes, white bloodcells (max 10/ field of view)
- Chest X-ray: bilateral consolidations in the lower lobes

Other Suggestions of diagnosis?

Other Suggestions of further investigations?

- Ultrasound: signs of disease in the renal parenchyma bilateral. No hydronephrosis.
- **P/C-ratio**: 234 mg/mmol (0-30)

U-protein: 2,5 g/L (0-0,1)

- Positive P-ANCA and Anti-MPO (16)
- Kidney biopsy

Treatment

- Due to lacking improvement of renal function and decreasing diuresis, she was accepted for acute dialysis.
- Simultaneously plasmapheresis
- And Methylprednisolone 500 mg i.v. x 1 for 3 days,
 Then Prednisolone 1 mg/kg
- Cyklophosphamide pulse 500 mg iv once every other week

Summary

- Woman, 68 years old
- Acute renal failure, in need of dialysis
- Consolidations on chest X-ray, dyspnea prehospital
- P-ANCA and Anti-MPO positiv
- Kidney biopsy
- Treated with Prednisolone, Ciclophosphamide, Plasmapheresis

ANCA positive vasculitis

- Fever, weigthloss, malaise
- Symptoms from the respiratory tract (inkl x-ray findings)
- Kidney- asymptomatic until RPGN and ARF
- Skin-palpabel purpura
- Periferal neuropathy
- Eyepathology
- Gut: abdominal pain
- Deep venous trombosis

Our patients symptoms

- Feeling of having fever, malaise
- Functiondyspnea, consolidations on chest x-ray
- Acute renal failure

Development

- **Lab**: Creatinine is now 278, eGFR 14,7, Urea 26.
- Clinical status: The patient is getting better.
- Kidney biopsy: chronic changes, 7/10 sclerosed glomeruli
- Further treatment: Dialysis

Thank you for your attention!